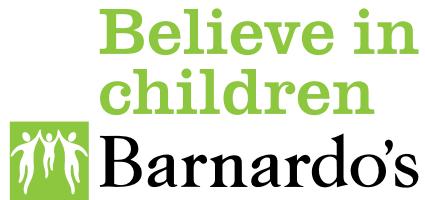


Barnardo's Eggciting Challenge!



Key Stage 2: Lesson Plan (ages 7-11)

You can fit the lesson plan(s) in with **your own timescale and schemes of work.**

Items required: Egg, booklets, worksheets, recyclable materials.

An alternative to the egg would be to use gingerbread or papier maché egg shapes.

1 Lesson Objective: To recognise how their increasing independence brings increased responsibility to keep themselves and others safe.

- Ask the students to personalise the egg and create an egg profile – front page of My Egghead booklet
- Relate to things that the children's eggheads would need and introduce My Egghead booklet
- Discuss what children can do to take care of the egg. Who takes care of them at home? What do they do?
- Homework:** Children complete the Egg-stra Special People worksheet. Ask everyone to bring in a boiled hen's egg for the next activity day, boiled for 10 minutes.

2 Lesson Objective: To identify their strengths and areas for improvement. To set high aspirations and goals.

- Ask children to decorate their individual eggs with human features – a face, hair etc.
- Ask them to design something to carry their egg in. Give them the Can you design something to carry your egg worksheet.
- Pupils are encouraged to write daily about where the egg has been, and if they think they have been responsible looking after the egg.
- Parents are asked to comment each day on whether they think the child has been responsible.
- Homework:** Complete the diary in the My Egghead booklet. Bring in a photo of themselves for use in the Egg Emotion worksheet.

An alternative to a photo print out would be for pupils to draw a self-portrait.

3 Lesson Objective: To identify what positively and negatively affects their physical, mental and emotional health. To deepen their understanding of good and not so good feelings.

- Discuss different emotions that people may feel, both positive and less positive. Children complete the Egg Emotion worksheet
- Use a spot check to make sure children are looking after their egg. Request children at random to check on each other's egg booklet and the egg itself.
- At the end of the week, comment on individual booklets and discuss as a class how the children did and what they have learnt. Place emphasis on care, feelings and why they are important.