

Flower Label or draw on the petals.

- What makes you unique
 - Your strengths



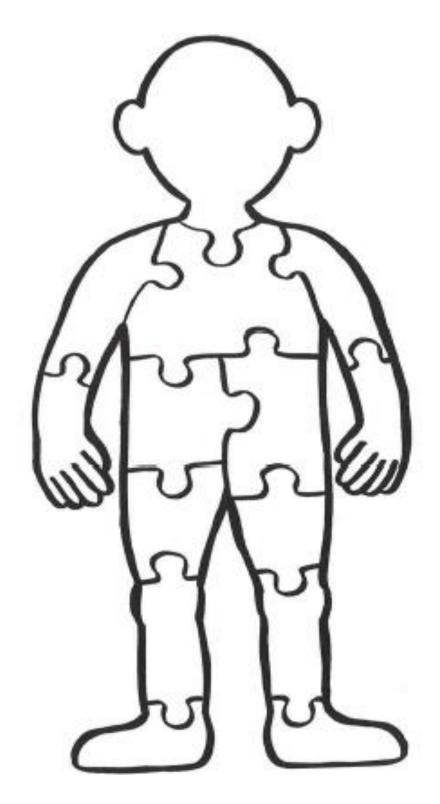




Calming Breathing



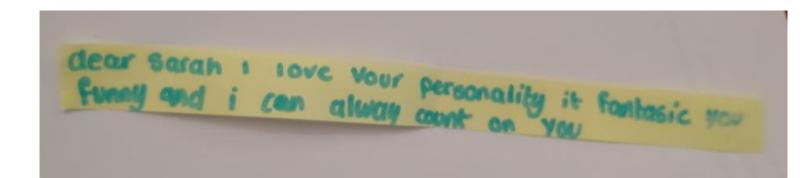




Puzzle Person Label or draw what makes a good friend.









Paper chain

On a strip of paper, write something nice that you've noticed about your friend. Glue these strips together, linking them in a loop to create a paper chain.



